




May



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					 University of Illinois • U.S. Department of Agriculture • Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment.		

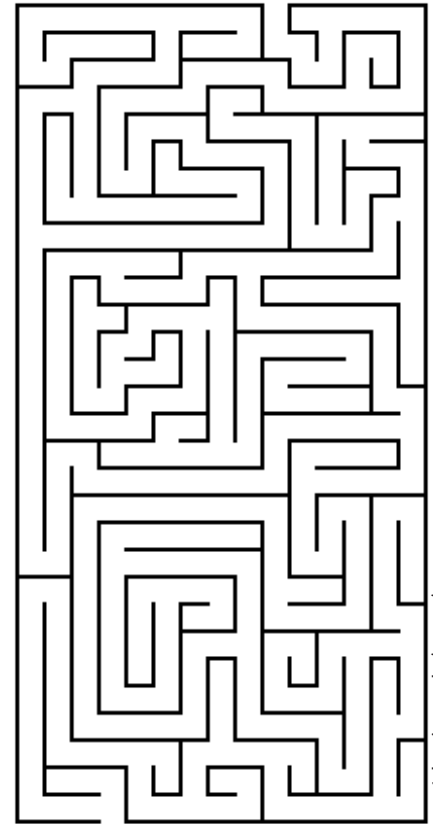
Each day fill in what physical activity you did and how many minutes you did it.

Name _____

May
total minutes of
physical activity

Bicycle Safety Maze

Help the bicycle find its way safely through the maze!



Finish