




# April 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	 <p>University of Illinois • U.S. Department of Agriculture • Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment.</p>			

## Fruit and Vegetable Color Groups

Name the color group that each fruit or vegetable belongs to!

Red  
Blue/Purple  
Green  
White  
Yellow/Orange

Potatoes \_\_\_\_\_

Blueberries \_\_\_\_\_

Lemon \_\_\_\_\_

Avocados \_\_\_\_\_

Raisins \_\_\_\_\_

Lettuce \_\_\_\_\_

Watermelon \_\_\_\_\_

Dates \_\_\_\_\_

Sweet corn \_\_\_\_\_

Strawberries \_\_\_\_\_

Cantaloupe \_\_\_\_\_

Peas \_\_\_\_\_

Plums \_\_\_\_\_

Pears \_\_\_\_\_

Raspberries \_\_\_\_\_

Each day fill in what physical activity you did and how many minutes you did it.

Name \_\_\_\_\_

April  
total minutes of  
physical activity